

The FAST TRACker

Your Community Guide To FAST TRAC Results

Issue 1 Fall 2013

About FAST TRACker

This guide is intended to provide information about the Clermont County system of care called FAST TRAC for youth with behavioral challenges and their families. FAST TRAC is a federal grant program overseen by the Clermont County Mental Health & Recovery Board.

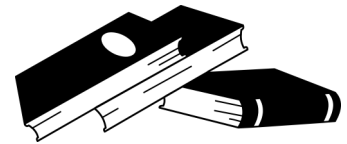
This issue of FAST TRACker is about **School-Based Mental Health (SBMH) Services** and how FAST TRAC has enhanced these services in your community by conducting an evaluation of school-based services. Child Focus, Inc. and the Clermont Recovery Center provide SBMH Services in 44 of 47 schools in the county. **The goal is to make these services accessible for ALL students** in every county public school building. Services are currently funded by the Clermont County Mental Health & Recovery Board, through local levy dollars, and through Medicaid billing. With a focus on prevention, **SBMH services are the front door to helping students find success behaviorally, emotionally, and in school.**

What are School-Based Mental Health Services?

School-Based Mental Health Services are provided in every Clermont County School District. The services are designed to **promote positive mental health and reduce the non-academic barriers to learning.** This can help **eliminate the risks of doing poorly in school** and help students **experience the success they are capable of in the classroom.**

The services can be one-on-one, in a group, or in a classroom. Some are short-term, but students can receive further support if issues continue.

Almost all students (94%) using SBMH services say they have a desire to do well in school.

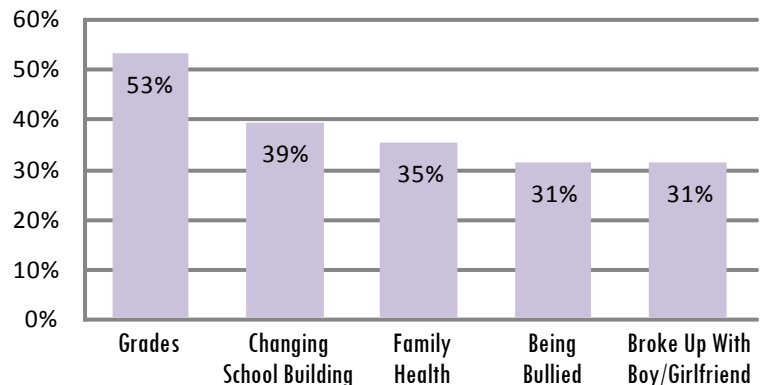


Who uses School-Based Mental Health Services?

During the 2012-2013 school year, **over 1,600 students from K-12th grade used SBMH Services.** Students are most often referred to SBMH for **behavior problems, anger, depression, and anxiety.**

Students have reported different kinds of **stress from school, with friends, and at home with family.** These types of stresses can lead to **major disruptions in students' lives.** Relationships can be affected and school work can suffer, often making matters more difficult.

Student-reported sources of stress
(% who responded yes)



Turn this page over to see what SBMH Services are doing for students so far.



Clermont FAST TRAC, a system of care initiative of the Clermont County Mental Health & Recovery Board, is funded by a grant from the United States Department of Health and Human Services, Substance Abuse and Mental Health Services Administration.

www.clermontfastrac.org

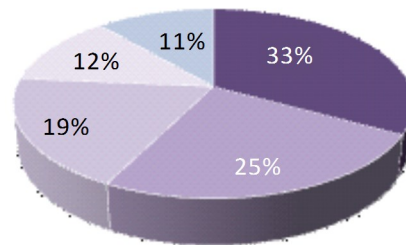
Are School-Based Mental Health Services working in Clermont County?

SBMH Services are **helping students achieve success.**

Students reported a
25% decrease
in how severe their
problems have been since
entering services.

Through SBMH Services, students who report high stress and problems at school, with friends, and at home are being **connected to resources.**

Follow-up for Students Involved in SBMH Services



- Student needs met through SBMH Services
- Referred to Individual and Family Therapy
- Referred to Additional School-Based Services for Skill Building and Case Management
- Referred to Prevention Group Services
- Referred to Specialized Services

Teachers throughout Clermont County schools agree that
SBMH Services are beneficial for students.

“Many of our students wouldn’t receive any mental health services if the [SBMH] services were not available.”
-Teacher, Marr Cook Elementary

“Students have someone they can go to during the school day to address mental health needs.”
-Teacher, Glen Este High School

“The most helpful for me was having someone to collaborate with.”
-Teacher, Felicity-Franklin Middle School

What can I do as a parent or a community member?

Help us spread the word about the great work that SBMH Services are doing for our students and about everything the FAST TRAC System of Care is doing in our community!

- Pass this information on to family members, neighbors, co-workers, and even your local Trustees, Commissioners, Representatives or Senator! Remember, FAST TRAC is funded by a grant that will end in a few years. **Services will not continue to grow unless your community supports them!**
- Join a FAST TRAC Workgroup to share family, youth, and community perspective. **Call: 732-5400**
- Attend family trainings and educational events sponsored by FAST TRAC. To find out more, **call: 732-5034**

Let your voice be heard!

For more information on FAST TRAC, visit our website:

<http://www.clermontfasttrac.org> or call us: 732-5400

For more information about SBMH services, contact:

Susan Graham at Child Focus, Inc.

sgraham@child-focus.org or call: 752-1555

