

In September 2009, the Clermont County Mental Health & Recovery Board was awarded a six year Cooperative Agreement from the Center for Mental Health Services (CMHS) of the Substance Abuse and Mental Health Services Administration (SAMHSA) to enhance Clermont County's System of Care, named FAST TRAC. Part of our mission is to support and empower caregivers of youth with emotional/behavioral challenges through our Peer Support Partner program. Peer Support Partners (PSP) are individuals who support families involved in the FAST TRAC Wraparound program. Every caregiver who has a youth enrolled in the Wraparound program is partnered with a PSP to help guide them through the process of learning new terminology, answer questions, provide support during team meetings, offer training on various subjects, and visit with families individually. Data for the current evaluation brief were collected February 2011 through December 2013.

## CHARACTERISTICS OF CAREGIVERS (N=141)\*

Male	11.3%	Female	88.7%
<b>AGE</b>			
Less than 35 years	30.8%		
35-49 years	45.9%		
50 years and above	23.3%		
<b>ETHNICITY</b>			
White	95.7%		
American Indian or Alaska Native	2.1%		
Black or African American	1.4%		
Asian	0.8%		
<b>EDUCATION</b>			
Below High School	16.2%		
High School Diploma or GED	27.5%		
Associate Degree/Some College	46.5%		
College Degree	9.8%		

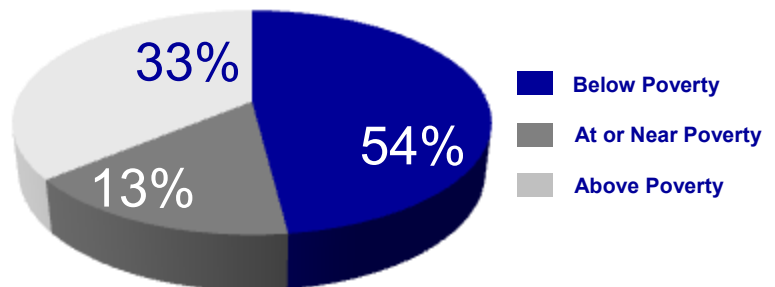
## FAMILIES ARE FINDING SUCCESS WITH THE PSP PROGRAM

*"Our PSP helped us get information that we didn't know how to get."*  
-Caregiver

*"The PSP was able to verify to the team and psychiatrist the problems we were having with our grandson that others never see."*  
-Caregiver

*"I believe our PSP helped me as well as the family transition. It was a blessing to have our PSP on our team."*  
-Caregiver

## CAREGIVER POVERTY LEVEL (N=141)\*



In 2014, the poverty threshold for a family of four residing in the 48 contiguous states is \$23,850. (Source: U.S. Department of Health & Human Services, Office of The Assistant Secretary for Planning and Evaluation, 2014)

## CAREGIVER EMPLOYMENT

**45.4% of caregivers have been employed in the past six months**

Of the caregivers not employed in the last six months, the following reasons were reported:

- 57.1% report their own health problems or disability
- 22.1% report a combination of other family responsibilities and/or transportation issues
- 13.0% report their child's behavioral or emotional problems
- 7.8% report childcare problems

# FAST TRAC Peer Support Partner Outcomes

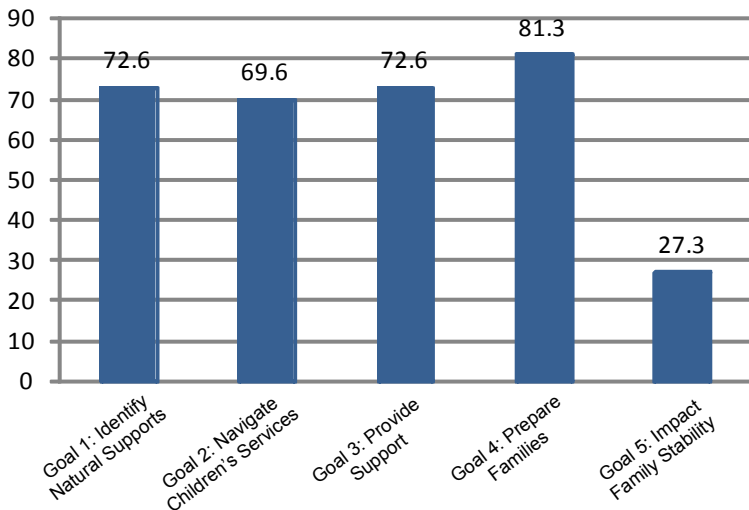
# EVALUATION BRIEF

## Spring 2014 Quarterly Report

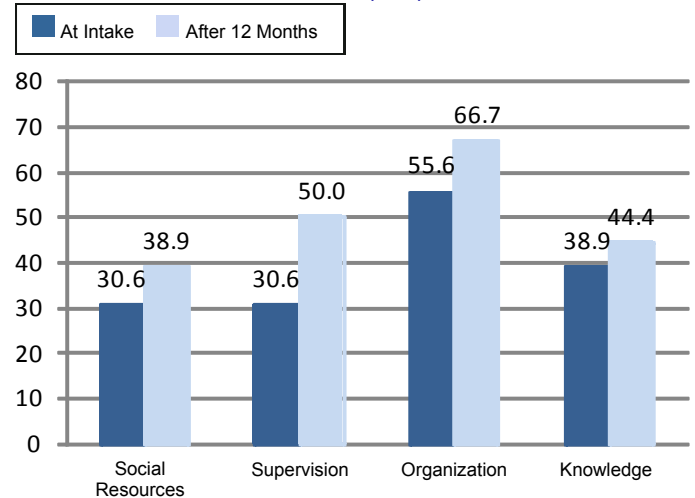
The PSP program's goal is to keep the focus on family-driven services and to support caregivers in developing self-advocacy skills they can use to improve their lives and the lives of their families. Beginning in January of 2014, a PSP Outcomes Survey was implemented to reflect 5 specific program goals: (1) Assist families to identify their natural supports; (2) Enhance families' sense of empowerment to navigate the children's services system; (3) Provide emotional, social, and practical support to families; (4) Prepare families to be efficient service users; and (5) Positively impact overall family stability. Data from this survey and additional outcomes for the Peer Support Partner program are presented below.

### CAREGIVERS ARE FINDING MEANINGFUL SUPPORT AND EMPOWERMENT THROUGH PSP SERVICES

**PERCENT OF POSITIVE CHANGE BY GOAL FROM BEFORE RECEIVING PSP SERVICES TO PRESENT**  
(n=30)\*



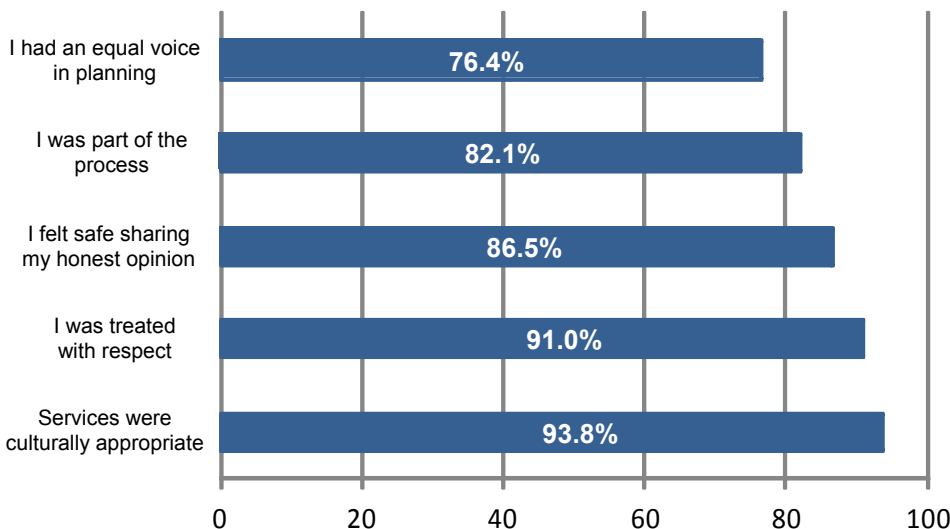
**INCREASE IN CAREGIVER STRENGTHS**  
PERCENT WITH IDENTIFIED STRENGTHS AT PSP INTAKE AND AT 12 MONTHS  
(n=36)\*



*Social resources:* caregiver's family, friend and social network that provides help with raising the child. *Supervision:* caregiver's ability to monitor and discipline children in the home. *Organization:* caregiver's ability to be organized and efficient in order to follow through on meeting the child's needs. *Knowledge:* caregiver's ability to be knowledgeable/aware of the child's strengths and needs.

### CAREGIVERS ARE SATISFIED AND ENGAGED WITH PSP SUPPORTS

**PSP PROGRAM SURVEY RESULTS**  
PERCENT OF CAREGIVERS WHO RESPONDED "OFTEN" OR "ALWAYS"



*"I absolutely love my wraparound facilitator and peer support partner. When in need, they are there for me and my family."*  
-Caregiver